

The area(s) treated may be cleansed daily with lukewarm boiled water, baby shampoo and a soft, lint free cloth. You are only removing excess oil and do not need to thoroughly cleanse the treated skin. Do NOT be tempted to rub or brush the area to aid the removal of the crusts. Pat dry with a clean tissue

As stated, you should try to keep your scabs/crusts moist by applying Dry Heal Aftercare Serum up to three times a day

We advise you do NOT stand with your face under a hot shower for the first 3 to 4 days. This could increase swelling. Try to avoid shower gels or hair products running on to your face as this could cause irritation and inflammation. Rinse thoroughly with tepid water if products do come into contact with the area(s) treated and gently pat dry

Outside of using Dry Heal Aftercare Serum please do NOT apply any other lotions or creams unless your practitioner has specifically advised you to do so. Absolutely do NOT use any lotions or creams that contain perfume or alcohol. The area must be kept free of oil to help the crusts form and then fall off of the skin naturally. Do NOT rub or abrade the area(s) or use exfoliating products. This could result in scarring and/or pigmentation

Men should avoid shaving the treated area until it is fully healed

When the crusts have fallen off then your skin may be a little pink as it is fresh, new and rejuvenated baby skin

Once the crusts have all fallen off you may apply your normal foundation/make-up but avoid using skincare products containing Glycolic or any other active exfoliating ingredients as this will cause irritation

You absolutely MUST now begin to apply SPF 50+ while your skin is in the healing stages (pink in colour) when you are out and about and you should continue to do so for at least the next 12 weeks (and ideally longer). The area(s) treated have produced brand new skin and may burn / pigment without adequate protection from the sun

You absolutely must NOT use saunas or sunbeds during your 10 – 12 week healing period and ideally for longer. Avoid the midday sun

All other facial treatments on the same area should be avoided whilst your skin is healing

If you have any questions about aftercare then please contact your technician.

 **DERMOPLASMA**





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DERMOPLASMA AFTERCARE ADVICE & INSTRUCTIONS

Please ensure you read and follow the advice provided. If you have any concerns after your treatment, if you do not understand any area of your aftercare or if you have additional questions then please do not hesitate to contact your technician/spa/clinic/surgeon/beautician on:

Technician Name:

Tel:

INTRODUCTION

Like most skin rejuvenation treatments, there may be some side-effects but the post-treatment downtime and recovery from DermoPlasma - plus the end result - is frequently shown to be far superior to treatment with other devices. However, we are not in control of what you do when you leave and you must follow these important guidelines carefully if you wish to enjoy optimal results and protect your investment in DermoPlasma treatment. Although for most DermoPlasma treatment is virtually pain-free, your own treatment may be moderately uncomfortable and sensitive depending on where you are being treated – especially eyelid procedures where the skin is at its thinnest – and your own sensitivities and tolerances. Your technician will work closely with you on this including providing and/or recommending the best numbing product(s). Our DermoPlasma device and super-fine probes allow our technicians to work quickly and efficiently which will dramatically minimize any potential discomfort for you.

(1) IMMEDIATELY FOLLOWING YOUR TREATMENT:

You may continue with your daily activities as normal

You may not look your absolute best during the initial healing process (usually 3 to 7 days)

Your DermoPlasma technician should be able to offer you a BB medical foundation which can provide camouflage and can be used immediately after your treatment. We don't recommend oily skinned clients use this product however as they may heal slower already so this product could inhibit their recovery period further

We recommend all clients apply Dry Heal Aftercare Serum up to three times per day until scabs have formed and then all flaked off. Once applied and left to dry, our gel leaves a protective coating designed to act as a barrier against infection and it helps speed up skin healing. It also provides relief from possible itching and helps expedite a scar free healing process.

There may be some mild to moderate swelling to the area(s) treated, especially around the eyes and within the periorbital region if that is where you have had a procedure

Swelling and inflammation for 1 to 5 days post-treatment is normal but will usually be of a very minor nature and is to be expected

If possible we recommend you take a high dose of Vitamin C supplements over the course of the healing process as this will help give your immune system a big boost. In turn this helps you to repair and also helps avoid hyperpigmentation.

You may experience a “stinging” sensation in the treated area(s) immediately after treatment. This is normal and is simply the heat exiting the skin. It generally only lasts for about an hour or so.

We recommend NOT exercising straight after a treatment because any heat, steam or sweat could add to the inflammation that's already present

If the treated area is swollen then you may apply ice packs covered with a clean cloth. Do NOT apply ice directly onto the skin as this will cause damage to the tissue

The area that has been treated must NOT be covered with plasters, occlusive dressing or any type of make-up, mascara, creams or any other product until the area has fully healed (outside of specific products we recommend and which should be available from your technician)

If you have received facial treatment, we recommend you sleep on your back with your head elevated to avoid brushing your face on your pillow. If you have received treatment to your eyes then it is important you sleep slightly elevated for up to 7 days as this can greatly reduce swelling

It is highly unlikely you will ever get an infection from a DermoPlasma treatment as the wound we cause is not open. However the first 12 hours post-treatment is of vital importance in protecting you from any kind of potential infection so please avoid any activities where, for example, you could expose yourself to contaminants.

(2) IN THE FOLLOWING DAYS AFTER YOUR TREATMENT:

It is normal for the area that has been treated to feel tight and dry

Occasional weeping will settle

Tiny crusts will quickly form on the treated area. These may be visible for up to about a week

Do NOT pick crusts off as this will delay the healing process and could cause scarring